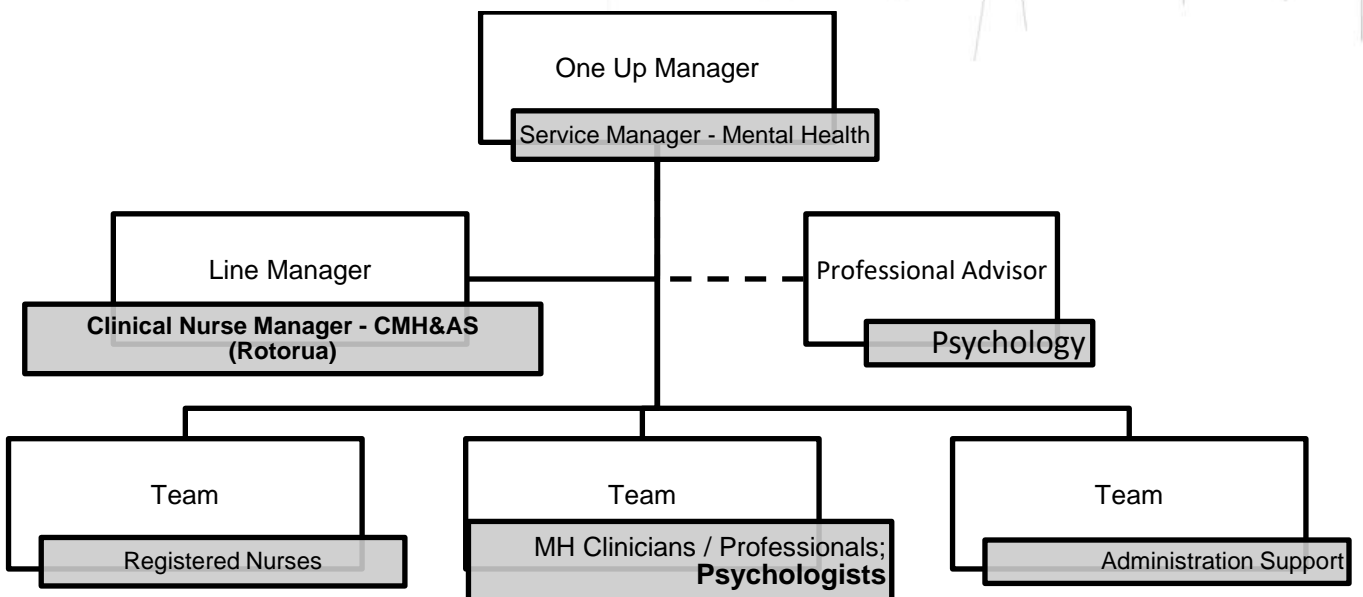




POSITION DESCRIPTION

Position:	Psychologist.
Responsible to:	Clinical Nurse Manager – Adult Community Mental Health & Addictions Service (Rotorua) (CMHAS) Professional Advisor, Psychology Service Manager - Mental Health & Addiction Services.
Direct Reports:	Nil.
Location:	Rotorua
Functional relationships:	<p>Internal: Professional Advisor – Psychology Acute Response Team (ART) Psychology Team Te Toki Haumanu Te Aka Matua Services Clerical Staff Nursing Staff Allied Health Staff Medical Staff Other Departments</p> <p>External: Tangata Whaiora / Service Users Family/Whanau/Caregivers Community groups/agencies Consumer Advisors Local/Regional Psychology Collectives Multidisciplinary Team(s) NZPsS and/or NZCCP Other health professionals.</p>
Financial delegations:	Nil
Date:	.December 2024

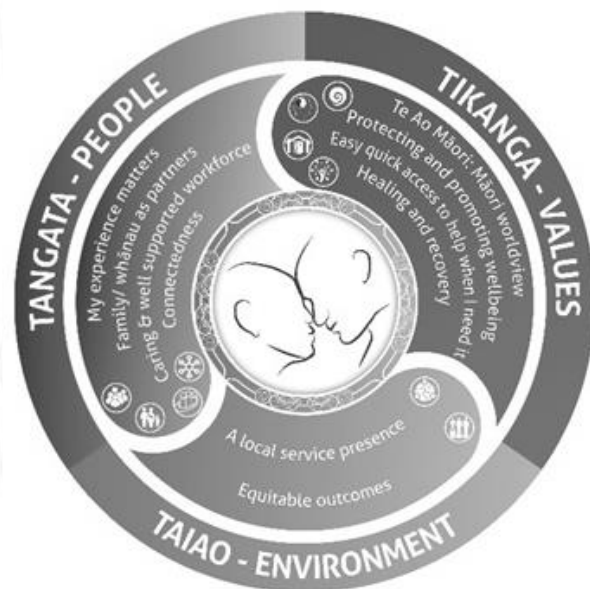


Primary purpose(s) of the position

1. To provide an effective psychological outpatient assessment and treatment service to the target population.
 2. To provide consultation, education, and supervision (*where appropriate*) to other Mental Health Services' staff and community contacts.
 3. To fulfil the role and responsibilities of Keyworker when and as required.
 4. To routinely use Feedback Informed Treatment to ensure an outcome based approach tailored to what matters to the person and their whanau.
 5. To provide leadership in the development of Mental Health Services.
 6. To facilitate the delivery of effective clinical services ensuring quality patient care and a safe journey across the care continuum.
- **Te Ara Tauwhirotaanga - “Pathways that lead us to act with kindness”** (Model of Care) to provide the optimal environment and service to effect client’s wellness and recovery.
 -

Te Ara Tauwhirotaanga- Pathways that lead us to act with kindness
 Model of Care for Mental Health and Addictions for Te Whatu Ora Lakes area

- **Tangata – People**
 - My experience matters
 - Family/Whanau as partners
 - Caring and well supported workforce
 - Connectedness
- **Tikanga –Values**
 - Te Ao Maori: Maori worldview
 - Protecting and promoting wellbeing
 - Easy quick access to help when I need it
 - Healing and recovery
- **Taiao – Environment**
 - A local service presence
 - Equitable outcomes



Key Objectives	Description	Expected Outcomes
Psychological Assessment	The Psychologist will obtain and review relevant information, orientate client(s) / whanau, obtain any necessary consents, conduct and document initial and ongoing assessment.	<ul style="list-style-type: none"> • Selects and utilises appropriate psychological tests, instruments, interviews and procedures to assess cognitive, personality and relational functioning. • Considers biological, psychological, occupational, and ecological factors. • Tailors assessment to the developmental stage and unique needs of the client. • Conducts informing interviews and writes psychological reports. • Maintains standards consistent with the NZ Psychologist’s Board Code of Ethics regarding use, administration, access and release of data and reports. • Seeks consent and appropriately follows Te Whatu Ora Lakes and Mental Health & Addiction Service policy and procedures.

Formulation and Planning	The Psychologist will collaborate (as possible) with the client (and others) to identify and prioritise areas for potential intervention, set goals, plan intervention(s), renew consent(s) (as required), and document an Individual Care Plan (ICP).	<ul style="list-style-type: none"> Assesses individuals and/or systems to establish appropriate diagnoses and formulations. Utilises the current edition of “Diagnostic and Statistical Manual of Mental Disorders” to establish Psychiatric diagnoses. Seeks advice and consults with fellow colleagues where appropriate. Documents process and decision making. Psycho-diagnostic work demonstrates relevance to understanding and treatment planning. Consults as required. Collaborates/contracts with client (whenever appropriate).
Psychotherapy and Clinical Intervention	The Psychologist will implement the ICP, including ongoing assessment / evaluation, and will document progress and outcomes.	<ul style="list-style-type: none"> Provides psychological interventions. Provides psychotherapy to individuals, families and groups. Psychotherapy and interventions are consistent with generally accepted theories and techniques, and adhere to the Code of Ethics currently endorsed by the NZ Psychologists Board.
Key worker	The psychologist will fulfil the role and responsibilities of keyworker when assigned.	<ul style="list-style-type: none"> Co-ordinates Care Plan implementation. Serves as first point of contact for the client Ensures assertive follow-up occurs when needed. Provides ongoing input into clinical decisions regarding the range of interventions for the client including regular communication with the Responsible Clinician / Consultant Psychiatrist. Co-ordinates and ensures involvement of the client and caregivers in decisions relating to care; reviews those decisions and renegotiates them when necessary. Completes all relevant documentation according to Te Whatu Ora Lakes policy and professional standards. Ensures the client has all the relevant information.
Consultation and Liaison	The Psychologist will provide expert consultation, and will maintain excellent working relationships with internal and external services/agencies.	<ul style="list-style-type: none"> Provides clinical psychological consultation to Mental Health & Addiction Service staff and clinical programmes as required. Provides professional, clinical psychological consultation to other services within Te Whatu Ora Lakes as required. Provides liaison with designated community agencies and provides consultative services as required. Ensures all consultations are clinically sound, safe, and well grounded.
Family Consultation	The Psychologist will consult with family / whanau as appropriate	<ul style="list-style-type: none"> Regularly incorporates work with families / whanau into assessment and treatment of clients
Team Communication	The Psychologist will contribute to effective clinical interventions by, and the functioning of, the Multidisciplinary Team (MDT).	<ul style="list-style-type: none"> That the psychologist will be a respected and useful member of the MDT, effectively communicating with other team members and participating in team and service procedures as required. Demonstrates an understanding and appreciation of the scopes of other disciplines. Accurately represents discipline of Clinical Psychology to others. Provides psychological input and opinion to clinical reviews of clients of the MDT.
Clinical Supervision	The Psychologist will engage in regular clinical supervision, including Cultural Supervision (as appropriate).	<ul style="list-style-type: none"> May provide clinical supervision as per Mental Health Service policy. Receives clinical supervision on a regular basis as per Mental Health Service policy. Actively participates in Peer Review activities.
Quality	The Psychologist will actively pursue personal,	<ul style="list-style-type: none"> Participates in development of and adheres to Quality Assurance Policies and Procedures.

	professional, and service focussed Quality Improvement opportunities.	<ul style="list-style-type: none"> Participates in forums that develop Quality Assurance Policies, Procedures and Initiatives appropriate to the appointed role. Demonstrates commitment to principles of Continuous Improvement. Documents clinical care provision in accordance with professional Te Whatu Ora Lakes and Mental Health Service standards. Maintains membership in either the NZ Psychological Society or the NZ College of Clinical Psychologists.
Education and Training	The Psychologist will collaborate to identify and meet their learning / development needs, and will contribute to meeting the needs of other clinicians.	<ul style="list-style-type: none"> Maintains up-to-date knowledge of clinical psychology and related fields. Provides Inservice training and teaching according to professional abilities. Develops an annual, personalised Professional Development Plan, and participates in Annual Performance Appraisals
Research	The Psychologist will participate in and/or support research activities	<ul style="list-style-type: none"> Conducts applied and/or theoretical research (as resources permit). Publishes research (as practicable). Provides advice on research design, methodology, statistics and interpretation.
Delegated Duties	The Psychologist will perform delegated duties when required	<ul style="list-style-type: none"> Completes any delegated duties from Line Manager as related to the function of a Clinical Psychologist in the Infant, Child & Adolescent Mental Health Services.
Model of Care	Follows the principles of the model of care “ Te Ara Tauwhirotanga – Pathways that lead us to act with kindness. ”	<ul style="list-style-type: none"> Utilises Te Ara Tauwhirotanga – “Pathways that lead us to act with kindness” model of care to engage with patients, visitors and multidisciplinary teams. Incorporates and follows the principles of the model of care Te Ara Tauwhirotanga – Pathways that lead us to act with kindness into day to day business activities.
Utilisation of Telehealth	Health care is delivered using digital technology where participants may be separated by time and/or distance	<ul style="list-style-type: none"> ALLIED STAFF Actively promotes and utilises telehealth as an option for interventions. Service provision is in line with the New Zealand Health Strategy and the New Zealand Allied Health Best Practice Guide for Telehealth to provide care “closer to home”. Patient centric care which will give patients the option of telephone or video appointments where there is no need for an in-person appointment.



Te Ringa Tōmau

Te Ringa Hora



Te Ringa Raupā



Te Ringa Ahuahu

Te Ringa Taurima



Capabilities

Capability definition

Achievement Indicators

Communication and Personal Interaction

Te Ringa Hora

*the open hand
(denoting someone
who is sociable)*

Communicates relevant information in a timely manner to those who need to know at a level that is understood.

- Transfers information effectively verbally and writes clearly, coherently and succinctly.
- Shares well thought out, concise and timely information with others using appropriate mediums.
- Organisational updates are provided to staff by way of relaying in general terms but more importantly what affect it has on the unit and how staff can help where necessary to achieve any requirements.
- Builds team spirit, facilitates resolution of conflict within the team, promotes/protects team reputation, shows commitment to contributing to the teams success.

		<ul style="list-style-type: none"> Maintains and promotes high standards of social, ethical and organisational norms.
	<p>Fosters a team environment and encourages collaboration between team and departments within the DHB.</p> <p>Connects with people to build trust and confidence.</p>	<ul style="list-style-type: none"> Articulates differing perspectives on an issue and can see the merit of alternative points of view. Works with other managers and teams to streamline processes for the best efficiency for both teams. Provides staff who have concerns about another team process, a different point of view to consider. Connects with others, listens, reads people and situations and communicates tactfully. Gets to know their team members and treats them with respect, valuing their individuality and contributions.
<p>Strategy & Performance</p> <p>Te Ringa Raupā</p> <p><i>the roughened hand (symbolising a hard worker)</i></p>	<p>Delegates appropriately within team utilising individual skills to achieve results.</p> <p>Understands the unit requirements and the implications of the units achievements on the overall service delivery.</p>	<ul style="list-style-type: none"> Understands individuals strengths and weaknesses to utilise or increase skills for those individuals. Assigns and sub-delegates staff to teams to allow for development and succession planning. Ensures decision making complies with organisational strategies. Recognises decisions made within the unit affect overall results of the service and the DHB. Works with Service Manager to maximise unit efficiency.
<p>Development and Change</p> <p>Te Ringa Ahuahu</p> <p><i>the hand that shapes or fashions something (refers to someone who is innovative)</i></p>	<p>Works to include staff in change minimising barriers to implementation.</p> <p>Articulates decisions and reasoning behind change enable buy-in to results.</p>	<ul style="list-style-type: none"> Questions traditional ways of doing things when choosing a course of action or finds new combinations of old elements to form an innovative solution. Continually strives for new and improved work processes that will result in greater effectiveness and efficiencies. Openly broaches concern with staff from the outset asking for their ideas and input. Gives examples of what might help to resolve the issue/concern. Seeks opportunities to improve performance and seeks feedback to measure and improve. Encourages staff participation in possible solution process. Allows staff input to possible solutions to concern. Gives careful consideration to staff ideas and offers alterations to suggestions where necessary. Develops an informative response to the team including trends, data, process and benefits of the decided process/change. Allows feedback to decision to enable 'tinkering' to be made where appropriate.
<p>Personal Accountability</p> <p>Te Ringa Tōmau</p> <p><i>the hand that is trustworthy</i></p>	<p>Manages own and encourages others to foster work/life balance.</p> <p>Actively manages own career aspirations and development.</p>	<ul style="list-style-type: none"> Ensures regular breaks are taken and own annual leave accruals are used within the 12 months following accrual. Ensures employees within their service are taking regular annual leave breaks for the purpose of rest/recreation throughout the year. Is constantly striving to acquire and maintain knowledge, skills and/or experience. Has own career development plan and succession planning. Seeks out development opportunities to expand knowledge and capability. Engages in projects and activities readily which are above and beyond scope of current role.

Culture and Values Te Ringa Taurima <i>the hand that nurtures, encourages, supports</i>	<p>Makes decisions based on facts and without personal bias.</p> <p>Engages with mentors and supervisors for personal skill development.</p> <p>Plans, prioritises and organises work to deliver on short and long term goals.</p> <p>Encourages and promotes DHB values and expectations.</p>	<ul style="list-style-type: none"> • Is proactive and effective when problem solving is required. • Engages with staff member/managers/multi disciplinary team when concerns are raised to best understand their point of view. • Appropriately investigates the concern looking at trends, situation and practices. • Critically examines repeatable risk factors. • Is constantly striving to acquire and maintain knowledge, skills and/or experience. • Demonstrates a commitment to and takes responsibility for going professional development. • Purposeful about where time is invested. • Delivers relevant results within expected timeframes. • Role models expected behaviours and practices. • Treats staff, patients and visitors with dignity and respect. • Uses appropriate empathy to gain organisational objectives. • Is solution focused.
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Compulsory Requirements	Description	Expected Outcomes
Māori Health	<p>Māori philosophies and values of health are demonstrated in work practice.</p>	<ul style="list-style-type: none"> • Meaningful relationships are established with Te Aka Matua (Rotorua and Taupo Hospitals) and Te Whatu Ora Lakes Maori Health division in the planning and delivery of services. • Practices are consistent with Te Tiriti o Waitangi /The Treaty of Waitangi when working with Māori. • Delivery of safe services for Māori are facilitated by ensuring they can access treatment options and are involved in the planning and delivery of their care. • Māori are enabled to access and participate in cultural activities provided by the Te Whatu Ora Lakes. • A commitment to improving the wellbeing of Māori by increasing cultural knowledge in the Te Whatu Ora Lakes is shown.
Te Iti Kahurangi	<p>The Lakes Way, Our Place Our Culture</p>	<ul style="list-style-type: none"> • Works within the Te Iti Kahurangi framework and supporting guide document.
Record Keeping		<ul style="list-style-type: none"> • Complies with the Te Whatu Ora Lakes Corporate Records Management policy to create and maintain full and accurate records.
Quality & Risk	<p>Patient safety is paramount to the service we deliver at Te Whatu Ora Lakes. This is to be achieved in a clinical governance framework that is culturally responsive and identifies and manages risk and opportunities to improve.</p>	<ul style="list-style-type: none"> • Employees are supported to lead by example and implement a culture of continuous quality improvement. • Risks that may prevent Te Whatu Ora Lakes from achieving their goals are identified, reported, and managed. • Māori patients are provided patient-centred care to achieve positive Māori health outcomes. • Needs of Māori are reviewed and reported in the further development of practice, process and or policy. • Evidence-based methodologies are used to support improvements, e.g. kaupapa Māori methodology. • Quality care is provided to certification standards.
Health & Safety	<p>Each individual is responsible for ensuring the safety of themselves, their colleagues, patients and their visitors and to comply with all</p>	<ul style="list-style-type: none"> • Implementation and reinforcement of a proactive healthy work place culture which reflects relevant Te Whatu Ora Lakes policy and legislative requirements. • Healthy lifestyles are actively promoted and participated in, within the work area.

organisational and safety procedures and guidelines.

health policies, and

- Employees participate in Health and Safety within areas of work.
- Health and Safety activities are appropriately documented within specified timeframes.
- Health and Safety policies have been read and understood and are applied in the workplace.
- Health and Safety policies are appropriately documented within specified timeframes and incidents are reported immediately.
- Any opportunities for improving Health and Safety are reported and acted upon in a timely manner.
- All near misses/incident/accidents are reported to the appropriate line manager within 24 hours.

Signatures:

Line Manager:
(position description approved): _____

Employee:
(acceptance of position description): _____

(Please also initial all other pages to show acceptance of position description.)

Person Specification	Essential:	Desirable:
Education and Qualifications:	<ul style="list-style-type: none"> ▪ Full registration with the New Zealand Psychologists Board. ▪ Full member of either the New Zealand Psychological Society or the New Zealand College of Clinical Psychologists. ▪ Masters Degree (Clinical Psychology) and Post-Graduate Diploma in Clinical Psychology (or equivalent). ▪ Treaty of Waitangi training.. 	<ul style="list-style-type: none"> ▪ If NZPsS member, also a full member of the Institute of Clinical Psychology. ▪ If PhD, additional “experience” may be credited.
Experience:	<ul style="list-style-type: none"> ▪ 1 year experience in a Mental Health setting or Accredited Internship program.. 	<ul style="list-style-type: none"> ▪ 2 years progressive experience as a Clinical Psychologist in a Mental Health setting.
Health Practitioners Competence Assurance Act 2003	<ul style="list-style-type: none"> ▪ You are required to maintain your current competency based practicing certificate. ▪ You must notify your Manager of any changes to scope or conditions on practice (determined by Regulatory Authority). ▪ You must complete the requirements of any competency programme. ▪ You must notify the employer of concerns relating to the risk of harm to the public of another health practitioner practicing below the required standard of competence. ▪ You are required to know the provisions of the HPCAA as the governing legislation. 	<ul style="list-style-type: none"> ▪
Knowledge:	<ul style="list-style-type: none"> ▪ Te Tiriti O Waitangi in the provision of health care services and support to Māori. ▪ Te Tiriti O Waitangi in practice, process, policy development and decision making. ▪ Te Whatu Ora Lakes is a Reorua organisation knowledge and understanding of Te Reo/ Correct pronunciation. ▪ Psychologists Act (1981) 	<ul style="list-style-type: none"> ▪ Te Whatu Ora Lakes Quality Framework (must become conversant with this once employed) ▪ .

- Code of Ethics as adopted by the New Zealand Psychologists Board
- Mental Health Act (1992) and any amendments
- Privacy Act (1993) and its amendments
- Health and Disability Code of Consumer Rights 1996
- Health Information Privacy Code 1994
- Health Practitioners Competency Assurance Act 2003
- Human Rights Act 1993
- Misuse of Drugs Act 1975 and Regulations 1977
- Treaty of Waitangi Act 1975 and its application to the health setting.
- Medicines Act 1981 and Medicines Regulation 1984
- Misuse of Drugs Act 1975 and Regulations 1977
- Mental Health & Addiction Services Policies, Procedures and Guidelines

Other relevant legislation

Skills:

- | | |
|--|--|
| <ul style="list-style-type: none"> ▪ Pronunciation of Te Reo Māori words and names ▪ Produces and maintains accurate records, notes and other documentation which are clear and up to date. ▪ Basic computer skills ▪ Consumer/Recovery focussed.. | <ul style="list-style-type: none"> ▪ Te Reo Māori ▪ .. |
|--|--|

Personal Attributes:

- | | |
|---|---|
| <ul style="list-style-type: none"> ▪ Cultural sensitivity and safety ▪ Able to react appropriately to the unpredictable nature of the work and the workplace ▪ Leadership abilities ▪ Advanced Problem solving abilities ▪ Excellent oral and written communication ▪ Ability to prioritise activities and needs ▪ Professional demeanour ▪ Ability to work independently (self-directed) ▪ Excellent interpersonal skills ▪ Integrity ▪ Good time management and organisational ability. ▪ Team player ▪ Good analytical skills ▪ Ability to work under pressure ▪ Sense of humour. | <ul style="list-style-type: none"> ▪ Non-smoker preferred. ▪ .. |
|---|---|

ABOUT TE WHATU ORA LAKES

At Te Whatu Ora Lakes we place the highest value on the health and wellbeing of everyone in our community. As such all healthcare workers are expected to play a part in the creation and promotion of an environment which lives the following vision, mission and values:

VISION

Healthy Communities – Mauriora! In this vision Mauriora refers to the Mauri - being the life essence and the source of well being, and ora - describing the state of wellness.

STRATEGIC MISSION



- Achieve equity in Māori health
- Build an Integrated health system
- Strengthen people, whanau & community wellbeing

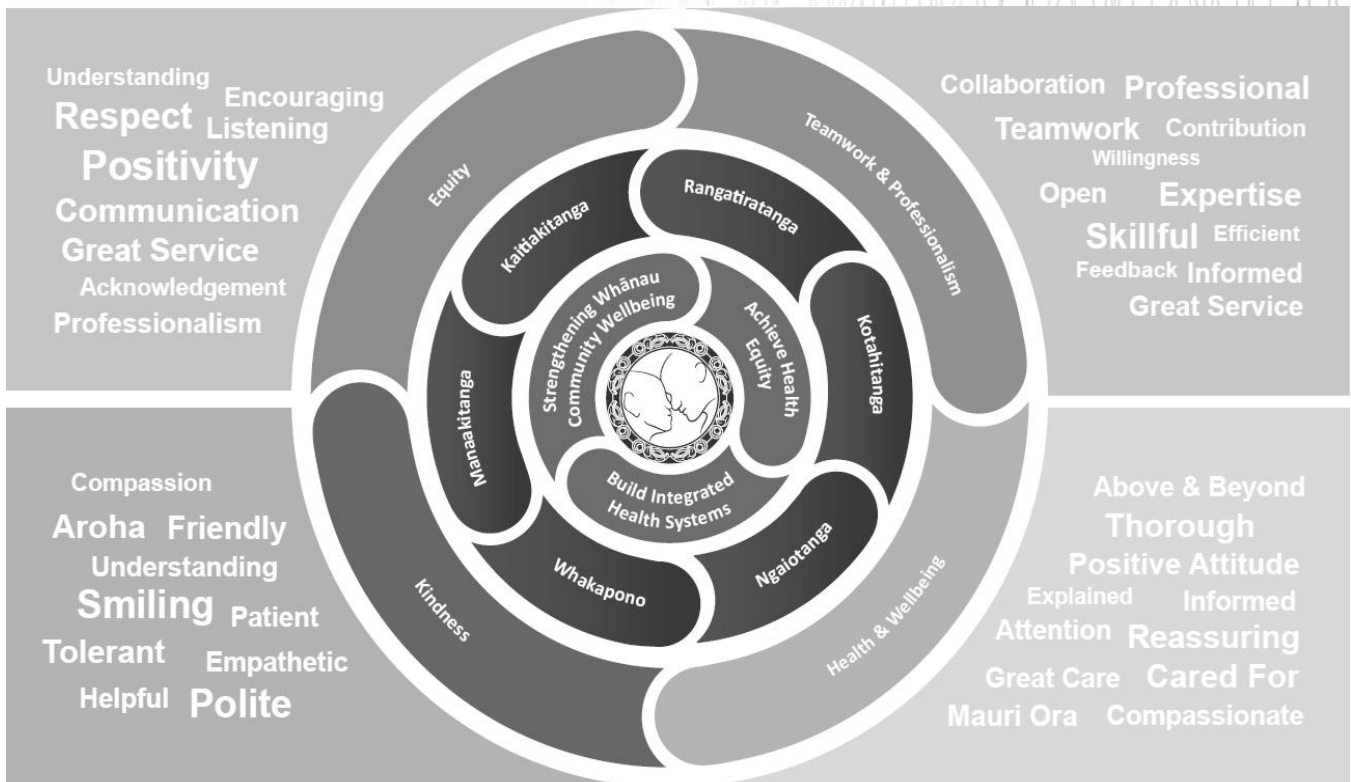
THREE CORE VALUES

Manaakitanga respect and acknowledgment of each other's intrinsic value and contribution

Integrity truthfully and consistently acting collectively for the common good

Accountability collective and individual ownership for clinical and financial outcomes and sustainability

TE ITI KAHURANGI – THE LAKES WAY, OUR PLACE, OUR CULTURE – WE WILL



TE TIRITI O WAITANGI

Our expression of Te Tiriti o Waitangi

The text of Te Tiriti, including the preamble and the three articles, along with the Ritenga Māori declaration, are the enduring foundation of our approach to achieving health and independence. Based on these foundations, we will strive to achieve the following four goals, each expressed in terms of mana.

Mana whakahaere

Effective and appropriate kaitiakitanga and stewardship over the health and disability system. Mana whakahaere is the exercise of control in accordance with tikanga, kaupapa and kawa Māori. This goes beyond the management of assets and resources and towards enabling Māori aspirations for health and independence.

Mana motuhake

Enabling the right for Māori to be Māori (Māori self-determination); to exercise their authority over their lives and to live on Māori terms and according to Māori philosophies, values and practices, including tikanga Māori.

Mana tangata

Achieving equity in health and disability outcomes for Māori, enhancing the mana of people across their life course and contributing to the overall health and wellbeing of Māori.

Mana Māori

Enabling Ritenga Māori (Māori customary rituals), which are framed by te ao Māori (the Māori world), enacted through tikanga Māori (Māori philosophy and customary practices) and encapsulated within mātauranga Māori (Māori knowledge).

Te Whatu Ora Lakes is committed within the framework of the New Zealand Public Health and Disability Act (2000) to supporting the Crown's commitment to upholding its Tiriti promises.

ORGANISATION STRUCTURE

Te Whatu Ora

Health New Zealand

Lakes

