Te Whatu Ora



Lakes





POSITION DESCRIPTION

Position: Mental Health Clinician, CCT (Continuing Care Team).

Responsible to: Clinical Nurse Manager Te Ngako Adult Community Mental Health & Addictions

Service Manager Mental Health & Addiction Services.

Direct Reports: None

Location: Rotorua & Taupō

Functional relationships: Internal:

Professional Advisor / s

Mental Health & Addiction Multidisciplinary Teams and services

Clerical/Admin Staff **Nursing Staff** Allied Health Staff

Medical Staff Other Departments External:

Service Uses, Caregivers,

Family/Whanau, Iwi Representatives.

Consumer & Family/Whanau

Representatives Non-Governmental

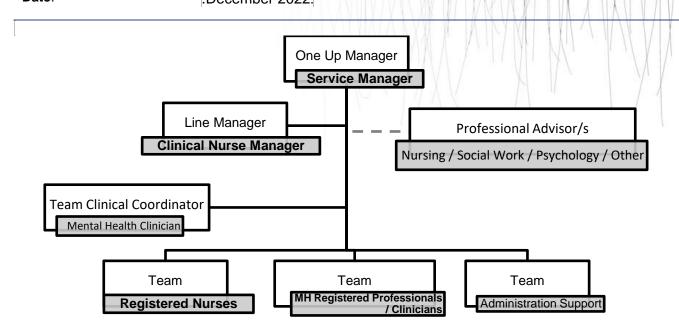
Organisations

Primary Health Organisation personnel General Practitioners (GP's) & Practice Nurses - Designated Primary Care

Practices LinkPeople

Financial delegations: Nonel

Date: .December 2022.



Primary purpose(s) of the position

To facilitate the delivery of effective clinical services ensuring quality patient care and a safe patient journey across the care continuum, with a specific focus on tangata whaiora with enduring mental illness and/or complex needs, and their whānau as appropriate.

- To provide community mental health assessment, formulation and intervention based on current best practice
- Works collaboratively within the multidisciplinary team ensuring quality patient care and a safe client journey across the care continuum.
- To provide written documentation/data of the services provided within required timeframes.
- Te Ara Tauwhirotanga "Pathways that lead us to act with kindness" (Model of Care) to provide the
 optimal environment and service to effect client's wellness and recovery.

Te Ara Tauwhirotanga- Pathways that lead us to act with kindness

Model of Care for Mental Health and Addictions for Te Whatu Ora Lakes area

• Tangata - People

- o My experience matters
- o Family/Whanau as partners
- Caring and well supported workforce
- o Connectedness

Tikanga –Values

- Te Ao Maori: Maori worldview
- Protecting and promoting wellbeing
- o Easy quick access to help when I need it
- Healing and recovery

• Taiao – Environment

- A local service presence
- Equitable outcomes



Key Objectives	Description	Expected Outcomes	
Professional Practice	Delivers quality evidence based care/therapies in line with registration and current practising certificate and competency requirements of the New Zealand discipline specific authority	Provides specialised clinical care following the principles of the model of care Te Are Tauwhirotanga – Pathways that lead us to act with kindness. Meets the orientation and ongoing knowledge and skill requirements for relevant clinical areas. OCCUPATIONAL THERAPIST • Demonstrates Occupation Therapy competencies for registration & continuing competence. (www.otboard.org.nz)	
		Maintains professional competency levels coupled with the delivery of professional standards of performance and conduct at all times as per Aotearoa New Zealand Association of Social Work, Code of Ethics and Standards of Practice. (www.swrb.govt.nz) PSYCHOLOGISTS Expectations delivered according to the psychology job	
		description. (https://psychologistsboard.org.nz)	
Formulation and Planning	The Clinician will collaborate with families and colleagues in identifying and prioritise areas for potential intervention, set goals, plan intervention(s), renew consent(s) (as required).	 Documents process and decision making. Psycho-diagnostic work demonstrates relevance to understanding and treatment planning. Consults as required. Discuss in detail with families the treatment options, and document the same. 	
Clinical Intervention	The Clinician will implement treatment (where appropriate), and on an on-going basis assess/evaluate outcomes of treatment.	 Seeks consent and appropriately follows Lakes Service policy and procedures. Ensures all consultations are clinically sound, safe, and well grounded. Tailors assessment to the unique needs of the client/dyad/family. Considers models such as Te Whare Tapa Wha to incorporate Tinana (biological), Hinengaro (psychological), Whānau (social) and Wairua (spiritual & ecological) so tangata whaiora will move from Mauri Noho (languishing) to Mauri Ora (flourishing). Considers biological, psychological, spiritual and ecological factors. Demonstrate deliberate practice by regularly eliciting feedback from tangata whaiora and review case formulation and care plan with the core clinical team or Multi-Disciplinary Team (MDT) Provides clinical consultation to Perinatal, Adult and Infant MH&AS staff as required. Provides consultation to other services within Lakes as appropriate. Provides liaison with designated community agencies and provides consultative services as appropriate. Maintains standards consistent with relevant professional Boards' Code of Ethics 	

Family Consultation	The Clinician will consult with and include family/whanau as	 Regularly incorporates work with families/whanau into assessment and treatment.
Team Communication	appropriate. The Clinician will contribute to effective clinical interventions by the Multidisciplinary Team (MDT), and the functioning of the MDT.	 That the clinician is an integral member of the MDT, effectively communicating with other team members and participating in team and service procedures as required. Demonstrates an understanding and appreciation of the scopes of other disciplines. Accurately represents relevant discipline specific skills to others.
Clinical Supervision	The Clinician will engage in regular clinical supervision, including Cultural Supervision (as appropriate).	 May provide clinical supervision as per Service policy. Receives clinical supervision on a regular basis as per Service policy. Actively participates in Peer Review activities.
Quality	The Clinician will actively pursue personal, professional, and service focussed Quality Improvement opportunities.	 Participates in development of and adheres to Quality Assurance Policies and Procedures. Participates in forums that develop Quality Assurance Policies, Procedures and Initiatives appropriate to the appointed role. Demonstrates commitment to principles of Continuous Improvement. Documents clinical care provision in accordance with professional Lakes standards. Maintains membership in relevant Professional Body
Education and Training	The clinician will collaborate to identify and meet their learning/development needs, and will contribute to meeting the needs of other clinicians.	 Maintains membership in relevant ricressional body Maintains up-to-date knowledge of clinical practice and related fields. Provides In-service training and teaching according to professional abilities. Develops an annual, personalised Professional Development Plan, and participates in Annual Performance Appraisals.
Delegated Duties	The Clinician will perform delegated duties when required.	 Completes any delegated duties from Line Manager as related to the function of a Registered Nurse/Registered Social Worker/Registered Clinical Psychologist in the (Service).
Contribution to effective clinical service delivery	Provides support to line manager/CNM in achieving the aims of the department.	 Undertakes and manages a specific portfolio of responsibilities as agreed with the CNM
Model of Care	Follows the principles of the model of care "Te Ara Tauwhirotanga – Pathways that lead us to act with kindness."	 Utilises Te Ara Tauwhirotanga – "Pathways that lead us to act with kindness" model of care to engage with patients, visitors and multidisciplinary teams. Incorporates and follows the principles of the model of care Te Ara Tauwhirotanga into day to day business activities.
Utilisation of Telehealth	Health care is delivered using digital technology where participants may be separated by time and/or distance	 REGISTERED NURSING STAFF Service provision is in line with the New Zealand Health Strategy and the Nurse Executives of New Zealand Telehealth Position statement to provide care "closer to home". Provision of patient centric care which will give patients the option of telephone or video appointments where

there is no need for an in-person appointment and assist Dr's and nurse practitioners to deliver care via video and phone.

Advise patients in the use of telemonitoring devices (where appropriate) and provide follow-up care to prevent unnecessary hospital admissions.

ALLIED STAFF

- Service provision is in line with the New Zealand Health Strategy and the New Zealand Allied Health Best Practice Guide for Telehealth to provide care "closer to home".
- Person centric care which will give tangata whaiora the option of telephone or video appointments where there is no need for an in-person appointment...



Te Ringa

e Ringa Hora

Fosters

Lakes.

build

confidence.

environment

encourages

collaboration









Capabilities

Capability definition

Achievement Indicators

Communication and Personal Interaction

Te Ringa Hora

the open hand (denoting someone who is sociable)

Communicates relevant information in a timely manner to those who need to know at a level that is understood.

а

team and departments

within Te Whatu Ora

Connects with people to

trust

team

between

and

and

- Transfers information effectively verbally and writes clearly, coherently and succinctly.
- Shares well thought out, concise and timely information with others using appropriate mediums.
- Organisational updates are provided to staff by way of relaying in general terms but more importantly what affect it has on the unit and how staff can help where necessary to achieve any requirements.
- Builds team spirit, facilitates resolution of conflict within the team, promotes/protects team reputation, shows commitment to contributing to the teams success.
- Maintains and promotes high standards of social, ethical and organisational norms.
- Articulates differing perspectives on an issue and can see the merit of alternative points of view.
- Works with other managers and teams to streamline processes for the best efficiency for both teams.
- Provides staff who have concerns about another team process, a different point of view to consider.
- Connects with others, listens, reads people situations and communicates tactfully.
- Gets to know their team members and treats them with respect, valuing their individuality and contributions.

Strategy & **Performance**

Delegates appropriately utilising within team individual skills to achieve results.

- Understands individuals strengths and weaknesses to utilise or increase skills for those individuals.
- Assigns and sub-delegates staff to teams to allow for development and succession planning.

Te Ringa Raupā

the roughened hand (symbolising a hard

worker)

Understands the unit requirements and the achievements on the overall service delivery.

implications of the units

Works to include staff in change minimising barriers to implementation.

- Ensures decision making complies with organisational strategies.
- Recognises decisions made within the unit affect overall results of the service and Te Whatu Ora Lakes.
- Works with Service Manager to maximise unit efficiency.
- Questions traditional ways of doing things when choosing a course of action or finds new combinations of old elements to form an innovative solution.
- Continually strives for new and improved work processes that will result in greater effectiveness and efficiencies.
- Openly broaches concern with staff from the outset asking for their ideas and input.

Development and Change

Te Ringa Ahuahu

the hand that shapes or fashions

something (refers to someone who is innovative)		 Gives examples of what might help to resolve the issue/concern. Seeks opportunities to improve performance and seeks feedback to measure and improve. Encourages staff participation in possible solution process. Allows staff input to possible solutions to concern. Gives careful consideration to staff ideas and offers 	
	Articulates decisions and reasoning behind change enable buy-in to results.	 alterations to suggestions where necessary. Develops an informative response to the team including trends, data, process and benefits of the decided process/change. Allows feedback to decision to enable 'tinkering' to be made where appropriate. 	
Personal Accountability Te Ringa Tōmau	Manages own and encourages others to foster work/life balance.	 Ensures regular breaks are taken and own annual leave accruals are used within the 12 months following accrual. Ensures employees within their service are taking regular annual leave breaks for the purpose of rest/recreation throughout the year. 	
the hand that is trustworthy	Actively manages own career aspirations and development.	 Is constantly striving to acquire and maintain knowledge, skills and/or experience. Has own career development plan and succession planning. Seeks out development opportunities to expand knowledge and capability. Engages in projects and activities readily which are above and beyond scope of current role. 	
Culture and Values Te Ringa Taurima the hand that nurtures, encourages, supports	Makes decisions based on facts and without personal bias. Engages with mentors and supervisors for personal skill development. Plans, prioritises and organises work to deliver on short and long term goals. Encourages and promotes Te Whatu Ora Lakes values and expectations.	Is proactive and effective when problem solving is required. Engages with staff member/managers/multidisciplinary team when concerns are raised to best understand their point of view. Appropriately investigates the concern looking at trends, situation and practices. Critically examines repeatable risk factors. Is constantly striving to acquire and maintain knowledge, skills and/or experience. Demonstrates a commitment to and takes responsibility for going professional development. Purposeful about where time is invested. Delivers relevant results within expected timeframes. Role models expected behaviours and practices. Treats staff, patients and visitors with dignity and respect. Uses appropriate empathy to gain organisational objectives. Is solution focused.	
Compulsory Requirements Māori Health	Description Māori philosophies and values of health are demonstrated in work practice.	 Meaningful relationships are established with Te Aka Matua (Rotorua and Taupo Hospitals) and Te Whatu Ora Lakes Maori Health division in the planning and delivery of services. Practices are consistent with Te Tiriti o Waitangi /The 	

		Māori are enabled to access and participate in cultural
		 activities provided by the Te Whatu Ora Lakes. A commitment to improving the wellbeing of Māori by increasing cultural knowledge in the Te Whatu Ora Lakes is shown.
Te Iti Kahurangi	The Lakes Way, Our Place Our Culture	Works within the Te Iti Kahurangi framework and supporting guide document.
Record Keeping		 Complies with the Te Whatu Ora Lakes Corporate Records Management policy to create and maintain full and accurate records.
Quality & Risk	Patient safety is paramount to the service we deliver at Te Whatu Ora Lakes. This is to be achieved in a clinical governance framework that is culturally responsive and identifies and manages risk and opportunities to improve.	 Employees are supported to lead by example and implement a culture of continuous quality improvement. Risks that may prevent Te Whatu Ora Lakes from achieving their goals are identified, reported, and managed. Māori patients are provided patient-centred care to achieve positive Māori health outcomes. Needs of Māori are reviewed and reported in the further development of practice, process and or policy. Evidence-based methodologies are used to support improvements, e.g. kaupapa Māori methodology. Quality care is provided to certification standards.
Health & Safety	Each individual is responsible for ensuring the safety of themselves, their colleagues, patients and their visitors and to comply with all organisational health and safety policies, procedures and guidelines.	 Implementation and reinforcement of a proactive healthy work place culture which reflects relevant Te Whatu Ora Lakes policy and legislative requirements. Healthy lifestyles are actively promoted and participated in, within the work area. Employees participate in Health and Safety within areas of work. Health and Safety activities are appropriately documented within specified timeframes. Health and Safety policies have been read and understood and are applied in the workplace. Health and Safety policies are appropriately documented within specified timeframes and incidents are reported immediately. Any opportunities for improving Health and Safety are reported and acted upon in a timely manner. All near misses/incident/accidents are reported to the appropriate line manager within 24 hours.
Signatures:	\ \	
Line Manager: (position description	approved):	
Employee: (acceptance of posit	ion description):	
(Please also initial all	other pages to show acceptan	ce of position description.)
Person Specification	Essential:	Desirable:
Education and	Current Annual Practising	
Qualifications:	 Registered Health Profess practising certificate with t 	

practising certificate with their relevant New
Zealand Board E.g. Nursing Council; Psychology;
Occupational Therapy; Social Work
Holds an ANZASW Registration or Registered
Occupational Therapist or Clinical Psychologist.

 Demonstrated commitment to own professional development.

A relevant qualification, e.g. BSc Occupational Member of relevant professional Therapy or RN (RCompN or RPN) with recent organisation. mental health and addiction clinical experience; OR Treaty of Waitangi training NZ recognised qualification in Social Work (eg. BSW, BASS, MSW, MA Applied; or In some instances particular experience and/or onthe-job training may be required. **Experience:** Meets competent level or higher on the Professional Proven deliver ability to Development and Recognition Programme evidence based clinical care Relevant post graduate mental health specific Proven commitment to delivery clinical experience. of quality nursing care Proven Minimum 2 years post-graduation communication and Preference for at least 2 years' experience in a interpersonal skills community mental health environment. Proven skills \ as Demonstrates ability to undertake a key worker client/caregiver educator role within a multidisciplinary team Proven ability work Possess well developed clinical skills successfully with Maori clients utilising a whanau ora approach Sound assessment and psychosocial intervention Proven ability to manage a work load in a planned and co-Good understanding of challenges in working in a ordinated manner community setting Proven ability to deliver evidence based clinical Proven ability to apply research to the practice setting Demonstrated commitment to Proven commitment to delivery of quality mental health care and treatment own professional development Proven communication and interpersonal skills Proven skills as a client/caregiver educator Proven ability to work successfully with Maori clients utilising a whānau ora approach Proven ability to manage a work load in a planned and co-ordinated manner Ability to manage workload through prioritisation, and setting and meeting objectives efficiently Ability to work with all cultural groups and their advocates Developed counselling, cognitive behaviour therapy and advocacy skills Ability to network and work positively with relevant NGO and community agencies Health You are required to maintain your current **Practitioners** competency based practicing certificate. You must notify your Manager of any changes to Competence scope or conditions on practice (determined by **Assurance Act** 2003 Regulatory Authority). You must complete the requirements of any competency programme. You must notify the employer of concerns relating to the risk of harm to the public of another health practitioner practicing below the required standard of competence. You are required to know the provisions of the HPCAA as the governing legislation. Knowledge: Te Tiriti O Waitangi in the provision of health care Knowledge of NZ Health services and support to Māori. Centre.. Te Tiriti O Waitangi in practice, process, policy development and decision making. Te Whatu Ora Lakes is a Reorua organisation knowledge and understanding of Te Reo/ Correct

pronunciation.

Health and Disability Code of Consumer Rights

	THE STATE OF THE S	/ / / / / / / / / / / / / / / / / / /
	 Health Information Privacy Code 1994 Health Practitioners Competency Assurance Act 2003 Human Rights Act 1993 Te Whatu Ora Lakes Quality Framework Medicines Act 1981 and Medicines Regulation 1984 Misuse of Drugs Act 1975 and Regulations 1977 Nursing Council of New Zealand Code of Conduct 2004 Nursing Council of New Zealand Competencies for Scope of Registered Nurse 2005 Treaty of Waitangi Act 1975 and its application to the health and mental health settings. Health and Disability Service Standards (2008) Let's get real: Real Skills for people working in mental health and addiction (2008) Standards of Practice for Mental Health Nursing in Aotearoa New Zealand (2012 3rd ed) 	
Skills:	 Pronunciation of Te Reo Māori words and names Produces and maintains accurate records, notes and other documentation which are clear and up to date. Consumer/Recovery focussed Statistical data maintained and submitted within relevant timeframes 	■ Te Reo Māorij
Personal Attributes:	 Caring and compassionate attitude towards clients, whanau and co-workers Motivated and self directed Excellent interpersonal skills Adaptability and flexibility Prioritisation, time and workload management skills Works well within team to achieve collective outcomes. 	 Non-smoker Commitment to on going post graduate education Evidence of relevant professional development in speciality clinical knowledge and skills
	 Contributes positively to the culture of the organisation, is a team player, takes direction and accounts for performance. Demonstrate a caring and compassionate attitude towards clients, whānau and co-workers. 	
Further comments	 Possesses a current Motor vehicle drivers licence – Class 1 Computer literate and competent Cultural sensitivity and safety Able to react appropriately to the unpredictable nature of the work and the workplace Advanced Problem solving abilities Excellent oral and written communication Ability to prioritise activities and needs Professional demeanour Ability to work independently (self-directed) Excellent interpersonal skills Integrity Good time management and organisational ability. Team player 	
	Good analytical skillsAbility to work under pressure	

ABOUT TE WHATU ORA LAKES

At Te Whatu Ora Lakes we place the highest value on the health and wellbeing of everyone in our community. As such all healthcare workers are expected to play a part in the creation and promotion of an environment which lives the following vision, mission and values:

VISION

Healthy Communities – Mauriora! In this vision Mauriora refers to the Mauri - being the life essence and the source of well being, and ora - describing the state of wellness.

STRATEGIC MISSION

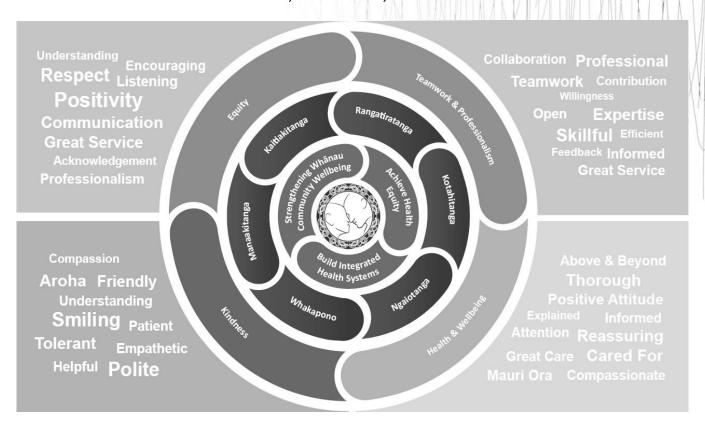


- Achieve equity in Māori health
- Build an Integrated health system
- Strengthen people, whanau & community wellbeing

THREE CORE VALUES

Manaakitanga	respect and acknowledgment of each other's intrinsic value and contribution	
Integrity	truthfully and consistently acting collectively for the common good	
Accountability	collective and individual ownership for clinical and financial outcomes and sustainability	

TE ITI KAHURANGI - THE LAKES WAY, OUR PLACE, OUR CULTURE - WE WILL



TE TIRITI O WAITANGI

Our expression of Te Tiriti o Waitangi

The text of Te Tiriti, including the preamble and the three articles, along with the Ritenga Māori declaration, are the enduring foundation of our approach to achieving health and independence. Based on these foundations, we will strive to achieve the following four goals, each expressed in terms of mana.

Mana whakahaere

Effective and appropriate kaitiakitanga and stewardship over the health and disability system. Mana whakahaere is the exercise of control in accordance with tikanga, kaupapa and kawa Māori. This goes beyond the management of assets and resources and towards enabling Māori aspirations for health and independence.

Mana motuhake

Enabling the right for Māori to be Māori (Māori self-determination); to exercise their authority over their lives and to live on Māori terms and according to Māori philosophies, values and practices, including tikanga Māori.

Mana tangata

Achieving equity in health and disability outcomes for Māori, enhancing the mana of people across their life course and contributing to the overall health and wellbeing of Māori.

Mana Māori

Enabling Ritenga Māori (Māori customary rituals), which are framed by te ao Māori (the Māori world), enacted through tikanga Māori (Māori philosophy and customary practices) and encapsulated within mātauranga Māori (Māori knowledge).

Te Whatu Ora Lakes is committed within the framework of the New Zealand Public Health and Disability Act (2000) to supporting the Crown's commitment to upholding its Tiriti promises.

ORGANISATION STRUCTURE

Te Whatu Ora Health New Zealand Lakes

