

Short term care post-discharge

Following a referral from a social worker or support worker while in hospital, Lakes NASC will talk to you to identify your needs and then help you identify which of these needs is most important.

The NASC will then work with you to plan what supports or services are available. This includes “natural supports” (family, whanau, community services etc.)

Post discharge services are funded for a limited time. This will be discussed at your assessment.

People not eligible

- People who are covered under the Accident Compensation Act (ACC) may not be eligible.
- People who are non residents of New Zealand.
- People under 65 years who have a disability should seek help from Support Net.

Where are we?

Rotorua Office:

Lakes DHB NASC
Ground Floor, Pukaki Centre
1144 Pukaki Street
Private Bag 3023
ROTORUA 3046

Taupo Office:

Lakes DHB NASC
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Lakes District Health Board Needs Assessment Service Coordination (NASC)

Information Brochure



August 2016

NASC - Who are we?

The NASC service undertakes comprehensive health needs assessments and co-ordination for the Lakes DHB population.

Lakes NASC works with people to:

- Identify their needs (needs assessment)
- Work with you to arrange the appropriate support, both funded and unfunded (service co-ordination).



Who NASC provides support services for

- People over 65 years of age, who have long term loss of independent function and require assistance with normal daily tasks
- People who need support as part of palliative care.

Those recently discharged from

- hospital who require short term assistance while they recover.
- People under the age of 65 who have a long term chronic condition.

What services can I access?

Funded services may range from:

- Personal care
- Carer support
- Community rehabilitation programmes
- Supported living
- Day care
- Respite care
- Residential care

Referrals for NASC services

You can refer yourself or someone else. You can also be referred by your doctor, social worker, or community organisations can make a referral on your behalf (and with your approval).

You can make a referral by phone, fax, letter, in person or email.

You will need a community services card to access some services.

All referrals are screened for eligibility and both the referrer and client is informed of the outcome.

If a referral is not accepted, reasons are stated and the referral redirected as appropriate

If a person's needs change, NASC will re-assess and re-coordinate services.